



# Timaru Girls' High School

Scientia potestas est; knowledge is power

February 2016

## STUDENT LEADERS 2016



Pictured above from left Kendyll Lowrey, Deputy Head of School  
and Analiese Le Roy, Head of School with Mrs Davis

## *from the Principal*

Welcome back to everyone!

Thank you to everyone who has contributed to a smooth start to 2016. We welcome in particular those new to the Timaru Girls' community; you are part of a community that celebrates its 137<sup>th</sup> year educating young women in South Canterbury!

We have a large intake of Year 9s this year, as well as a number of students who have enrolled in other year levels.

We take very seriously every student's achievement in this school and want to know if there are areas that concern you with your daughter's progress. We have included some email addresses in this newsletter of some people who may be able to assist. If you are unable to contact people via email please let the office know and they will get the right people in touch with you.

Congratulations to all our Year 12 and Year 13s with their 2015 NCEA results. These results have broken all previous academic achievement records in the school since the establishment of NCEA.

Thank you to the team of staff in the school who have provided support and guidance and also to our whanau and families who have supported their daughters during the year.

We were delighted to hear last week that we gained three NZ Scholarship results. These were awarded to Rebecca Paddon in Physical Education, Monique Peattie in Chemistry and Bridget Lamont in Biology.

Looking ahead for the remainder of Term 1, there are a huge amount of activities to look forward to. Please feel free to pop in and watch swimming and athletics sports which are coming very soon, the weekends look full with a number of co-curricular activities as well.

Kind Regards

Sarah Davis

Hello

Welcome back to a new year, we look forward to 2016. It was pleasing to see our great NCEA results, well done girls and congratulations to all of you.

Over the past three years, the Board has adopted the "staggered" election system in order to provide continuity of experience on the Board, the thinking is that this will strengthen the Board by providing continuity and allow those wishing to serve on the Board every opportunity to do so –irrespective of the timing of the elections.

A good strong school community is one that enjoys participation in all aspects of school life and while our sporting and cultural activities are well served, there is opportunity for more participation at Board level. Whatever we may be good at, at Timaru Girls' High, it will be helped along by a strong community representation on the Board.

There are people in our community with the skill set to make a valuable contribution through Board work – it's your daughter's future – what's it worth?

I have spent the past five years on the Board as a Trustee and the past three years as Board Chair. At first I thought "what I can offer the Board", as I had no knowledge of governance or the education system, but I took on the challenge and I am proud to have been part of the school and our daughter's futures by participation in this way.

I urge you all to back yourself and think of what attributes you can bring to the Board table. If you would like to get in contact with me to discuss Trusteeship or being a part of the Board please do not hesitate to call me 027 6931103 or email

[michellemartin1@kpmg.co.nz](mailto:michellemartin1@kpmg.co.nz) I also invite you to attend a Board meeting at any time.

Election dates as follows:

- Nominations called by 6th May
- Nominations close 20th May
- Voting papers sent by 25th May
- Election closes 3rd June
- Votes counted on 9th June

<http://www.nzsta.org.nz/representation/trustee-elections>

Michelle Martin, Board Chair

## ELECTRONIC NEWSLETTERS

From the next newsletter, March 2016, the Timaru Girls' High School newsletter will be sent to you via email. Newsletters are also available on our website

[www.timarugirls.school.nz](http://www.timarugirls.school.nz)

If you still wish to receive a paper copy please ring the office, telephone 688-1122.

If you have recently changed your email address or unsure if we have the correct one it is important that you update it with us. Please email Andrea to update

[awreford@timarugirls.school.nz](mailto:awreford@timarugirls.school.nz)

## CONTACTING TGHS 2016

We encourage parents to contact TGHS, phone 688-1122, at any time during the year if there are matters they would like to discuss. There is a senior leader available as well as the deans at each year level.

Year 9 Senior Leader: Ms Hales  
Dean: Miss Pitchford  
Email: [rpitchford@timarugirls.school.nz](mailto:rpitchford@timarugirls.school.nz)

Year 10 Senior Leader: Ms Hales  
Dean: Ms McMurray  
Email: [smcmurray@timarugirls.school.nz](mailto:smcmurray@timarugirls.school.nz)

Year 11 Senior Leader: Ms Bailey  
Dean: Mrs Dockrill  
Email: [jdockrill@timarugirls.school.nz](mailto:jdockrill@timarugirls.school.nz)

Year 12 Senior Leader: Ms Bailey  
Dean: Mrs Lissington  
Email: [tlissington@timarugirls.school.nz](mailto:tlissington@timarugirls.school.nz)

Year 13 Senior Leader: Mrs Davis  
Dean: Ms Robinson  
Email: [srobinson@timarugirls.school.nz](mailto:srobinson@timarugirls.school.nz)

If any matter remains unresolved, or is taking too long, please contact the Principal, Mrs Davis.

## YEAR 9 CAMP 2016

The 2016 Year 9 Camp was held at Raincliff on February 11 and 12.

The first day involved a variety of "getting to know you" activities, followed by a series of team building challenges led by the Year 13 Peer Support leaders.

In the afternoon, students took advantage of the warm weather: some chose to cool down in the nearby river while others played sports and relaxed in the sun.

After dinner, Jemma Riddle kicked off the Hidden Talent Show with an amazing Adele cover. This was the first of a fantastic set of performances - I was blown away by the talent in Year 9!

After clean-up on Friday, we went for a short tramp before making our way back to TGHS.

Throughout the camp, the girls were well behaved and enthusiastic. It was fun and exciting and I am looking forward to what is sure to be a fantastic year!



Above: Year 9 Camp activity





2016 Student Leaders from left: Analiese Le Roy (Head of School), Kendyll Lowrey (Deputy Head of School), Ashley Goodsir (Head of Arts), Nicole Galpin (Deputy Head of Art), Michaela Watt (Head of 'The House'), Sophie Lewis (Deputy Head of 'The House'), Katelyn Millar (Deputy Head of Sport), Erica Phillips (Head of Sport)

Pictured below: Year 9 Camp activity



## SCHOOL HEALTH CLINIC

Public Health Nurses visit TGHS twice weekly. The nurses are Claire Neilson and Kylie Robinson and can be contacted on the phone numbers below.

The nurses have twice weekly clinics to which all girls are welcome to attend regarding any health issues.

Some examples of health concerns could be: vision and hearing tests, weight/dietary concerns, sports injuries, skin rashes, sexual health, stress/anxiety/mood issues.

We encourage girls to talk to their parents/caregivers. Claire Neilson telephone 687-2326 or 027-247-9301 or Kylie Robinson telephone 687-2315 or 027-684-0009

## HUMAN PAPILLOMA VIRUS (HPV)

**DELIVERY 2016:** The HPV vaccination is 95–100% effective at creating antibody resistance against the four HPV strains that cause the majority of cervical cancers. For the best protection girls need to be vaccinated before they could be exposed to the HPV virus. The HPV vaccine has a strong safety profile and has been extensively used with over 165 million doses having been given in more than 125 countries world-wide.

In South Canterbury the vaccination is free for females 9-20 years at the doctor with the option of having it at school. (Primary school students are offered this vaccine in Year 8 at school).

Consent forms will be available at the school office for any TGHS girls who want to join the school program.

Girls over 16 years can consent themselves and younger girls will need parent or legal guardian consent.

For further enquiries contact Claire Neilson PHN telephone 687-2326 or 027-247-9301.



National Secondary School's Athletics Championships were held in Timaru early in December 2015. Pictured above is Jenna-Rae McIntyre (front row far right) and Caitlin Benson (back row far left).

Caitlin won golds in 100 metres and long jump and silvers in discus and shot put. The discus and shot put were personal bests for Caitlin.

Jenna-Rae won a bronze in the 2,000m track walk which was also a personal best.

Well done to both girls.

## NETBALL NEWS 2016

**TGHS Netball Committee** - This year we are looking to form a Committee to help with the running of Netball at Timaru Girls'. Our overall goal is to increase performance and participation from Year 9 through to Year 13 but to do that we need help from our Timaru Girls' High School community.

There will be a meeting within the next month with dates to be advised. If you are willing to take up the challenge and can assist in anyway please drop a line to Sports Coordinator Janelle Amalfitano  
[jamalfitano@timarugirls.school.nz](mailto:jamalfitano@timarugirls.school.nz)

**Netball Coaches** - We are also on the look-out for netball coaches for the 2016 season. Please get in touch with Janelle Amalfitano  
[jamalfitano@timarugirls.school.nz](mailto:jamalfitano@timarugirls.school.nz) if you are keen to coach this year.





On 19-23 January myself along with a number of other Ngai Tahu descendants embarked on a journey where we were given the opportunity to not only improve our te reo but to learn about Kai Tahu history and stories, visit pa sites and do a number of awesome activities. Some of these activities included whale watching, kayaking, taiaha, creation of a waiata and haka and many more.

Kura reo Rakatahi provided me with knowledge of my iwi, amazing experiences and gave me the chance to meet life-long friends. To anyone who is Ngai Tahu decent looking to either learn or improve their te reo or learn where they come from, I highly recommend going to the next Kura reo Rakatahi as it's an amazing opportunity and something that won't be forgotten.

By Hannah Hurst 11CK

### **TGHS Old Girls' Home Association (founded 1920)**

#### **AGM**

Followed by afternoon tea & social gathering

**Saturday 5 March 2016 commencing  
2:30pm in the school staff room.**

Guest Speaker – Mrs Sarah Davis, Principal

Please bring a small plate and a gold coin for a raffle.

All past pupils and staff most welcome.

Contact – Adrienne 6881768 or Pam 6864731

### **COMING EVENTS**

Monday 22 February	Swimming Sports pp day 24 February
Tuesday 23 February	L2 Biology Trip
Wednesday 24 February	BOT Meeting International Students Mayoral Welcome
27/28 February	DOE Tramp
29 February/1 March	Y12 Geography Trip
Tuesday 1 March	Waitaki Summer Exchange
Thursday 3 March	Athletics Day pp day 4 March
5/6 March	Maths Camp
9/11 March	Y12 History Trip
Friday 11 March	Y13 Geography Trip
Wednesday 16 March	Aoraki Athletics pp day 17 or 18 March
18-20 March	DOE Silver/Gold Tramp

### **OLD GIRL'S ASSOCIATION**

Informal Gatherings for the year of 1969.

- Friday 26 February 2016 – Lunch Copper Café Stafford Street – 11.30am
- Friday 25 March 2016 – Coffee at 100% Homemade Café Temuka - 11.30am
- Friday 29 April 2016 – Lunch Copper Café Stafford Street – 11.30am
- Friday 27 May 2016 - Coffee at 100% Homemade Café Temuka - 11.30am
- Friday 24 June 2016 - Lunch Copper Café Stafford Street – 11.30am
- Friday 29 July 2016 - Coffee at 100% Homemade Café Temuka - 11.30am
- Friday 26 August 2016 - Lunch Copper Café Stafford Street – 11.30am

For more information contact Jan Barrett (nee Walker) telephone 027-646-4219 or email [janice154@hotmail.com](mailto:janice154@hotmail.com)

# THE POOL AND LEISURE CENTRE PADDLE FOR LIFE

SATURDAY 27 FEBRUARY, 2016



**Entry Forms are available from:**  
Pool and Leisure Centre or  
[www.paddleforlifetimaru.co.nz](http://www.paddleforlifetimaru.co.nz)

## COME & JOIN US

**PINC & STEEL**  
CANCER  
REHABILITATION  
TRUST

A fun festival event of stand up paddling and obstacle challenges on the beach.

Boards are provided and no prior paddling experience is required.

Enter your team of four into one of the following categories:

Adult, School Student, Family or Corporate

**Time:** 9.30am Onwards

**Where:** Caroline Bay, Timaru

**When:** Saturday 27th February, 2016

**Early Bird Entries:** By 18th January go into the draw to win a Paddleboard, paddle and leash valued at \$1700.

**Entries Close:** Friday 19th February, 2016

**Sponsored by:**



**Kindly Supported by:**



All funds raised go to the Pinc and Steel Cancer Rehabilitation Trust  
and their programmes in South Canterbury

[www.paddleforlifetimaru.co.nz](http://www.paddleforlifetimaru.co.nz) | [www.facebook.com/paddleforlifetimaru](https://www.facebook.com/paddleforlifetimaru)





**Level 2 Excellence** achievers in 2015 from left: Bridget Shimmin, Olivia Williams, Gina Seyb, Analiese Le Roy, Bailey Whitnack, Katie Hooper, Tessa Wright, absent Cailee Autridge



**Level 1 Excellence** achievers in 2015 from left: Erin Chisnall, Emma Millar, Azaria Sheppard, Amy Doran, Grace Beatson, Samantha Elliott, Tara Melhopt, Rose Bransgrove, Sarah Taylor, Boudine Brown, Breanna Shaw, Shontelle Wakefield-Hart, Kate Taylor, Tui Wood, Sophie Lewis-Roker, Piper Hathaway, Mikaela Gilbert, Sunny Hurtig, Maggie Lindbom, Alana Sewell, Simone Strauss, Millie Hulme, Claire Munro, Kaitlyn Scott, Jessie Goodsir