

# Timaru Girls' High School

Newsletter – August 2018



Quad Tournament Presentation

Cain Street  
Timaru, 7910  
New Zealand  
[www.timarugirls.school.nz](http://www.timarugirls.school.nz)



## From the principal...

Term 3 is a term that always seems to speed up in time! Next week is senior assessment week and a fortnight after that our senior hockey, netball and basketball teams are off to Winter Tournament week. For seniors there will be plenty of work to do before the end of the term. Please take opportunities to have tutorials if you need them, and stay in touch with your internal assessment deadlines.

For the juniors, term 3 is about making good decisions for next year. The course planning evening on 30 August is an opportunity for families and whanau to come to school and look at option choices for 2019, and speak to visitors from the various tertiary providers who will be in school. There is no need to book an appointment. Come at a time that suits. Please make it a time where you leave with information you need for an informed decision.

The end of term will be a time for celebration with Aikens and Waters and the annual House Choir evening. Please be part of these events. Hopefully the weather will be spring like at this stage and we will have occasions to celebrate both school and the end of term.

Good luck to all of our winter codes as they enter the last part of their competitions. Remember always to be a 'girls' high girl'.

Nga Mihi

Sarah Davis

**Teachers Only Day** will be Friday 14 September while staff undertake professional development opportunities. The school will be closed for instruction on this day.

## Upcoming dates of importance...

### TERM DATES

Term 3 23 July to 28 September  
Term 4 15 October to 12 December

16 Aug Aoraki Badminton  
20 Aug Senior Examinations commence  
23 Aug UC liaison visit  
24 Aug Year 11 History Trip  
27 Aug Science Week  
30 Aug Course Planning Evening  
7 Sept Winter Tournament Week  
13 Sept Special Olympics  
14 Sept Teachers Only Day  
21 Sept Distinction Assembly  
27 Sept House Choirs  
28 Sept Last Day of Term 3

## Administration Emails

Student Office: (Absences/student enquires)  
info@timarugirls.school.nz  
Sports Coordinator: sport@timarugirls.school.nz  
Enrolments: principal@timarugirls.school.nz

## School Accounts

Our school account for online banking is:  
01 0886 0021379 047  
Please check that ALL payments are referenced correctly with your student's surname, christian name and purpose of payment.

## Reminders

NZQA fees and applications for Financial Assistance are due into the school office by Friday 24 August. Please pay these fees immediately if you wish to avoid a penalty.

## Important

If students are leaving the school grounds during the school day they **MUST SIGN OUT** at the student office. When they return they **MUST** then **SIGN IN**. If coming into school later than 8.40 am they **MUST SIGN IN** at the school office.

## From the Acting Guidance Counsellor

**Surviving term three** – Have you ever noticed how stressful life can be? Life within the family, within friends, within work, within commitments, within society both locally and internationally – the list goes on. Stress becomes a resulting effect that impacts both body and mind. The releasing of stress hormones into the body can feel like a never ending sickness or a brain that has gone numb from overuse. What do I do? Where do I go? Who am I meant to be? The brain and body is drained.

Although the favourite idea might be to sleep for 20 hours, there are other options as well as managing diet, rest and exercise to rejuvenate ourselves. Do we take time out to hear what is going on inside our brain and heart? Just to listen and hear what our thoughts are trying to tell us. I believe listening is both verbal and non-verbal. Knowing our values, strengths and who we are in our character helps us to make good choices as well as having self-appreciation of who we are becoming. Whether it is by talking over a cuppa, a spot at the beach, aromatherapy or creative expression through art or writing, may we take some time out. Thelma Davis quoted "When someone is going through a storm, your silent presence is more powerful than a million empty words."



**BNZ Closed for the Day** – A big thank you to Ross, Steve, Dan and Ash from BNZ for coming to talk to the senior accounting classes as well as our year 10 Financial Literacy girls on their closed for good day today. Great info shared for now and the future. The girls got to look at a new app and learned how paying off a loan quicker will save thousands of dollars.

**Hey all parents!** Just a kind reminder from SADD (Students Against Dangerous Driving): Please do not double park on Cain Street. We know how hard parks are to get outside school around 3:15pm but please come earlier to get a park, or park further down the road; walking 20-50 metres down the road will not hurt your daughter. There are parks around the corner near the dairy and others outside the hostel on Hassall Street, and plenty of room on College Road too. Also encourage your daughter to walk if it is possible. But please do not double park, park over driveways or on yellow lines. It is unsafe for both other drivers and pedestrians. Thanks (:





# SPORTS NEWS

## Quadrangular Tournament 2018

Timaru Girls' High School hosted Waitaki, Avonside and Christchurch Girls' High Schools for the annual Quadrangular Tournament on Thursday 2 August. Each school sends their 1st XI Hockey team and Senior A Basketball and Netball teams. This year we trialled a one day tournament with all games played at Aorangi Park. Netball and basketball played in the Southern Trust Events Centre with hockey being played on the Trust Aoraki Water Turf at Hockey South Canterbury. The atmosphere was fantastic with all teams competing at the same venue giving all schools the chance to cheer on their fellow school mates in their respective sports.

Overall Result - TGHS finished in 2nd Place

Big thanks to our coaches and managers for their support on the day and to the officials who also gave up a day of their own time to umpire/referee the three sporting codes.

### Netball

TGHS beat Avonside Girls' and lost to two strong teams being Waitaki Girls' and Christchurch Girls'



### Hockey

TGHS beat Waitaki Girls' and Avonside Girls' before going down to Christchurch Girls' in the last game of the day.



### Basketball

TGHS beat Waitaki Girls' and Avonside Girls' before going down to a strong Christchurch Girls' team with the girls pushing them to the wire.



Congratulations to Hannah Prosser who has just won the Canterbury Duathlon Under 14 title. which was held Tuesday 31 July in Christchurch.



## TGHS Chess Club

This term the TGHS Chess Club was founded with regular meetings in the library and in room 4. This initiative has been supported by Mrs Black, our Librarian, and co-led by Mrs Shankar-Kay. Currently we have students from both the senior and junior school learning and developing their gambits; as well as re-learning some of the more intricate rules.

If you are interested in attending or learning to play please see Mr Browne in the library on Monday or Tuesday (first half), or come by room 4 anytime.

## Whovians Club

Whovians@TGHS

This term we have continued our regular Friday lunchtimes of viewing and researching Dr. Who, with notable episodes involving Vincent Van Gogh! We have branched out with a special edition online "Whovian Dictionary" with members of our group contributing their expertise on various sections (ie the Tardis – what is it, really?). This term we hope to continue our trek into the whoniverse, with the occasional digression into the history of sci-fi as a genre.

Mr R Browne, English Department

## Junior UN

Why is the UN still relevant in the world today?

The UN Environment Organisation works with governments, civil society and businesses, to turn protecting nature into a business opportunity, which benefits all people.

Linking sustainable tourism with economic opportunities, jobs, development and sustainable energy is potentially "the way forward".

Rwanda is an example of helping the environment through business opportunities. Here they charge \$1,500 dollars per person for tourists to view its protected mountain gorillas, whose population is now rising. It has created a fantastic economy for Rwanda, for taxi drivers, for school teachers and even for hotel waiters. The local people nearby the national park will be the first to defend the gorillas because their livelihood depends on it.

Mr. Solheim, UN environmental chief, has recently mentioned how Indonesia has reduced deforestation across its peatlands by close to 90%. Peat is partially decayed, dead vegetation, which stores enormous amounts of carbon and also soaks up water — helping to mitigate flooding — during the wet season and releases water during the dry season. So by protecting the environment they are essentially protecting themselves. This is particularly important in developing countries as it is the most cost-effective solution to protect against floods.

What's more, companies that had previously refused to act, have now become strong supporters, such as Coca-Cola and Starbucks. With big company involvement, there is a stronger movement of people who say: 'We want to change'.

The only way we can really protect our planet is to provide opportunities to people who are living on this planet. This way we can help the environment by giving people a reason to do so.

By Jade Horton 13BE, Secretary of the Model UN TGHS

## CHOGM Update

Student Commonwealth Heads of Government Meeting – TGHS Delegation to Wellington 2018. Since our return to school for term three, the SCHOGM delegation has really been motoring forwards in organisation and fundraising. Our efforts have been ably reinforced by Mrs Shankar-Kay who has joined the delegation to Wellington, as well as lending her expertise in fundraising (including the recent sausage sizzle).

I must thank whole-heartedly the TGHS Old Girls' Association for their generous support for our endeavour, and the Royal Commonwealth Society (Canterbury Branch) for their intital support; both these organisations have actively supported the future of women's leadership in New Zealand by donating funds for student travel and accomodation in Wellington.

The theme of this year's conference is "Towards a common future" – a thoroughly noble concept and one definitely suited for New Zealand and the commonwealth in general. The TGHS delegation has begun the laborious, yet rewarding process, of researching contentious issues surrounding commonalities in the future. The next step is to use these resources to develop cogent debate points. We will most certainly be "hitting the ground running" at parliament in early September – unquestionably giving our current MPs food for thought at what young people can positively achieve now and for the future!



A light-hearted moment with the SCHOGM team working together to cook sausages and sell a slice, Friday 3rd August 2018.



Timaru Girls High School visited the Timaru Container Terminal at the Port of Timaru, to find out what it would be like to work in the Transport and Logistics sector. The girls experienced what it is like to drive a Reach Stacker to unload trucks and to move containers around the port. They also got to climb up the Liebherr 550 crane (29 metres) and sit in the operator's seat where they got an idea of what it would be like to load and unload containers from vessels while in port.



Ash, Liv and Abbey showing some carpentry flair at the Ara Carpentry Taster day.



The concept behind the IDEAS Festival is simple - people who do amazing things can inspire others to do amazing things, too.

The IDEAS Festival helps create Eureka! moments by giving South Canterbury students access to people, experiences and ideas that otherwise might not be available to them. It inspires future generations to imagine brighter futures through providing high-quality STEAM (Science, Technology, Engineering, Art & Maths) workshops that challenge, excite, and spark ideas.

The Community evening allows you to taste the excitement of the IDEAS Festival, see fiery Science Thrills, robots scampering around your feet, and gory horror makeup up close. Find out why large crocodiles and nature's extremes don't stand in the way for Melissa Marquez and Ellis Emmett.

5:30-7pm Thursday 27 September 2018, Ara Institute of Canterbury, Timaru. Registration is through Eventbrite on the following link [IDEAS Festival Community Event](https://www.eventbrite.co.nz/e/ideas-festival-community-event-tickets-48368808408)  
<https://www.eventbrite.co.nz/e/ideas-festival-community-event-tickets-48368808408>

## Student Board of Trustee Election 2018

Each year a student is elected to represent their fellow students on the Board of Trustees. Any student enrolled full-time in Year 9 and above under the age of 20 is eligible to stand for election and vote in the school election for a student representative. This is an opportunity for the students to have a say in the governance of the school. The term is for one year, although a student representative can be nominated for a further term.

The following is the schedule for the 2018 Student Elections at Timaru Girls' High School:

Nomination forms available Friday 24 August

Nominations close at 12 noon on Friday 7 September

Voting Day is Friday 21 September

Declaration of results is Friday 28 September

Student representative term of office commences Friday 28 September.

Please note that the nomination forms will be available at the front office on Friday 24 August.

All nominations must be on the official nomination form.

Janine Quigley  
Returning Officer



## Gateway 2018

Gateway is an excellent forum for the students to gain an over view of all different types of industries/ careers within our community, whilst achieving credits towards NCEA with a combined school and workplace learning plan. Gateway is a fantastic opportunity for our senior students to gain the skills and attributes that businesses or other learning institutions seek when they are recruiting staff or new enrolments. Many local businesses have employed Gateway students into permanent roles based on how greatly they are impressed by the student when on Gateway placement. At times the students discover after they have experienced the "real life" workplace, that that particular career is not for them. This is also a positive outcome as they have an opportunity to change direction.

This year we have 20 students in our Gateway class, they are interested in a broad range of careers. Tourism, a lot of interest in Agriculture this year, also Early Childhood and Primary School teaching, Animal Care, Hospitality and Accounting.

A huge "Thank You" to all of the amazing employers in our community who make the Gateway experience possible for our Girls. Your continued support is truly appreciated.

Timaru Girls' High School has another excellent class of students out in our community having "A Real Life" insight into the various careers they aspire to when they leave school.



Holly wishes to pursue a career in Animal Care. She has spent some time at For Pets Sake working with many different species of animals and learning about their specific needs. Thank you to Michelle and the team at For Pets Sake.



Sarah has spent her Gateway placement with Kate and her team at Helloworld Timaru. During this time, Sarah has gained a thorough insight into the travel industry, enabling Sarah to decide whether this is a career she wishes to pursue. Thank you to the team at Helloworld Timaru

## August Pathways Update

2018 has seen students participating in Transport Logistics; Ara Taster Days; Introduction to Carpentry and Joinery, Business in a Box and introduction to Hospitality. The Ara sector days have also been popular with students spending a day experiencing what is involved working in the Tourism/Health/Hair and Beauty areas. A group of students have also attended the WISH (Workforce Introducing Students to Health Services) programme at Timaru Hospital.

### Course Planning Evening:

It would be of great benefit for all Year 9 - 12 students and parents to attend the Course Planning Evening in the library and surrounding classrooms on Thursday 30 August from 5pm – 7pm. This evening will be attended by the liaison officers from South Island universities and polytechnics, QRC, BCITO, the Defence Force and our Learning Area Heads. You will be able to discuss career pathways with their assistance and expertise. All Year 13 students who are undecided on their career path are welcome to attend as well.

### Subject selection for 2019:

The course booklets will be distributed soon for students to choose their subjects for 2019. Your daughter's subject choice is a very important decision and needs to be decided with her intended career in mind. The career website [www.careers.govt.nz](http://www.careers.govt.nz) will be of significant help for those who are undecided on a direction and to ensure the subjects chosen are correct for their career choice.

### Year 13 and Parents:

During the next few weeks many universities and polytechnics will be visiting to aid the Year 13 students in their course selections for next year. It is important for students to attend these sessions but they must ensure they catch up on their lessons as well. Applications for Halls of Residence are now open and should be completed by the end of August at the latest. Applications for university and polytechnics are also open. Specialist courses close early.

Many students have applied for financial scholarships. All universities have many first year scholarships available and these are listed on their respective websites. Other community or specialised scholarships are listed in the daily notices. Scholarship website: [www.moneyhub.co.nz](http://www.moneyhub.co.nz)

Students should be applying for the Student Allowance and/or Student Loans soon. Up-to-date information on student loans and allowances can be found on the Studylink website. It is advisable to begin the application process early as they do not back-pay your allowance or student loan if the process is not completed before the university year begins.

It is advisable for Year 13 students to have completed their CV. Three different templates are in a folder entitled CV templates on the Student Drive along with some helpful information for writing their CV, a cover letter template and information on preparing for interviews.

If any parent/guardian would like to contact me with regards to their daughter's career options please make an appointment by ringing the Pathways Office: phone 688-1122 ext 236 or email me at: [jloffhagen@timarugirls.school.nz](mailto:jloffhagen@timarugirls.school.nz).

## TIMARU GIRLS' HIGH SCHOOL

presents the annual

# HOUSE CHOIRS FESTIVAL

NORA DICKIE HALL

THURSDAY 28 SEPTEMBER AT 7pm



## TIMARU GIRLS' HIGH SCHOOL

# ROWING

Interested in trying out rowing for the 2018 - 2019 season?

If you think you have an interest in rowing and would like to try it out first then you are invited to attend a rowing opportunity on:

SATURDAY 8 SEPTEMBER AT 1 PM

at the Timaru Rowing Club, 53 Rothwell Street,  
where the rowing coaches will be available to introduce you to rowing  
and give you an opportunity to row.



Our Gold Medal Winners 2014

# Wellness Week

On 6-10 August we held a Wellness Week organised by the House Leaders filled with activities to bring something new to the school and enhance the students wellbeing. On Monday the girls did some rock painting in the hall with the Kowhai House Leaders where some true works of art were created. Tuesday consisted of yoga in the hall with the Konini leaders. Prizes were won and limbs were stretched in this relaxing and enjoyable event. Wednesday and Thursday included the movie 'Inside Out' in the hall provided by the Ngaio House Leaders with popcorn and pals. On Friday childhood memories were re-lived thanks to the Rata House Leaders when two Mr Whippy trucks turned up at lunch time. Puzzles and colouring in were in the library all week to be enjoyed in a more quiet and relaxing environment. We hope everyone enjoyed the week and their wellbeing was enhanced in one way or another ready for the rest of a busy but exciting term.



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